

## Certified Genetic Counselor Recertification & CEUs

### What is a CEU? How many do I need?

A “CEU” is a Continuing Education Unit. One CEU equals ten contact hours (one contact hour equals one sixty-minute clock hour) of participation in organized continuing education experience. There are two types of CEUs:

**Category 1 CEUs** are earned from participation in pre-approved Category 1 CEU events (i.e. NSGC’s Annual Conference)

**Category 2 CEUs** are earned after participation in a CME approved event, and require individual genetic counselors to apply for credit.

Most Certified Genetic Counselors are required to **recertify with ABGC every 5 years**, and must earn the following minimum credits:

Minimum Number of Category 1 CEUs	7.5
Maximum Number of Category 2 CEUs	5
Maximum # of PACs	2.5
<b>Total Number of CEUs Required Over Certification Period</b>	<b>12.5</b>

For more information regarding your state’s licensure policies, please visit [NSGC’s Licensure webpage](#).

### How do I earn credits?

Category 1 CEUs	Participate in a Category 1 CEU approved activity. Complete required steps, set by organizer, to receive certificate. Expect a CEU certificate from NSGC within 90 days of the activity.
Category 2 CEUs	Attend a CME or other accreditation body approved event, relevant to genetic counseling. Submit a Category 2 CEU application to NSGC within 90 days of the completion of your activity or quarterly for series-style activities. Expect a CEU certificate from NSGC within 8-10 weeks of your application submission.
Professional Activity Credits (PACs)	<a href="#">ABGC’s Approved PAC Activities</a>

### What am I responsible for tracking?

Each individual is responsible for tracking and saving a copy of his or her own Category 1 and 2 CEU certificates. It is encouraged that CGCs use ABGC’s tracker tool to track CEUs earned towards recertification by logging into [ABGC’s website \(www.abgc.net\)](#), and clicking on Renew Your Certification. Follow the prompts to track your CEUs in the ABGC Portal. NSGC does not and cannot access any individual’s ABGC account or tracker.

For copies of misplaced CEU certificates, please use the NSGC [Missing Certificate Request Form](#). For information on how and where to find certificates visit the [NSGC CEU page](#).

### Whom can I reach out to when I have questions?

ABGC at [info@abgc.net](mailto:info@abgc.net):

Earning PACs  
 CGC recertification process

NSGC at [ceu@nsgc.org](mailto:ceu@nsgc.org):

Category 1 or Category 2 CEU approval

### Resource Links

[ABGC Recertification Bulletin](#)

[NSGC’s CEU Website](#)

[State Licensure for Genetic Counselors](#)